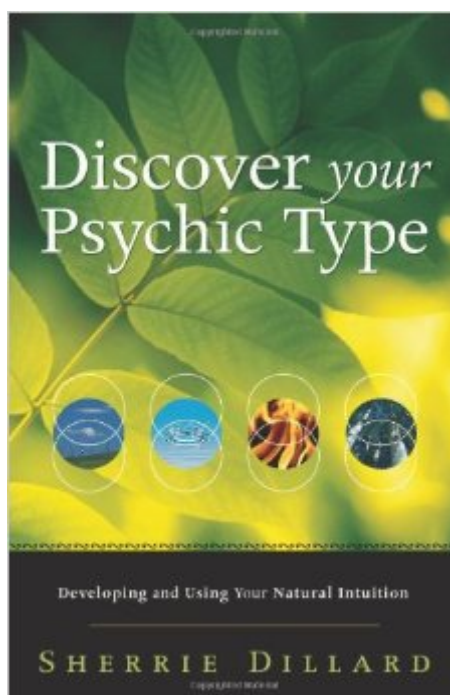


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# Discover Your Psychic Type: Developing And Using Your Natural Intuition



## Synopsis

Intuition and spiritual growth are inherently linked, according to professional psychic and therapist Sherrie Dillard. This groundbreaking guide offers a personalized approach to spiritual development, introducing four different psychic types and revealing how to develop the unique talents of each. Designed for both beginning intuitives and advanced psychics, this book presents a simple, step-by-step plan:

- Take the insightful quiz to learn whether you are a physical, mental, emotional, or spiritual intuitive
- Discover more about each type's nature, personality, strengths, and potential challenges
- Develop your psychic abilities with the meditations and exercises designed for your specific intuitive style

Throughout the book, Dillard shares remarkable stories from her professional practice to illustrate the incredible power of intuition and its connection to the spirit world, inner wisdom, and your higher self.

## Book Information

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## Customer Reviews

What I loved about this book is that it establishes very basic types of intuitives. and it's not based on the different types of "claires" (voyance, audience, etc). It breaks it down to 4 types; Emotional, Mental, Physical, and Spiritual intuitive. It's kind of like learning about how you learn (visual, audio, kinesthetic, spatial, etc) and using that to learn better and faster. This book has you take a questionnaire and depending on the answers it describes what intuitive type you are. It then describes what kind of exercises to do that will help use what comes naturally to you. This will allow the reader to enhance their innate abilities and use it as a means to work on being other types. When I read my type (Mental intuitive) it described me to a T! Then when I had my friend do it was

also pretty accurate (Emotional). Turns out she's the yin to my yang :D or vice versa LOL. I always thought we balanced each other out :D I think that this book would make all those other development books easier to utilize as it may give you a better understanding of how to approach the exercises and how to avoid pitfalls that your type may be prone to. Such an Awesome find!

This book is a new comer to the burgeoning number of metaphysical books that are available today, but this one is anything but "run of the mill". Sherrie Dillard's unassuming style and embraceable approach to spiritual development in this, her first book, takes the reader by the hand and instead of coming from the perspective of a gifted psychic teaching the "uninitiated" - as so many books of this nature do, she leads you through a Myers Briggs-like examination of your own inherent psychic abilities as one caring friend might accompany another. I found this book to be not only an enjoyable read, but one I will actually re-read and study for its fresh, encouraging, and effective approach to Spiritual development. I agree - We all as "Spiritual beings having a physical experience" possess some degree of inherent intuitive ability. This author can help you identify where your abilities naturally manifests, and she can help you develop that ability to the extent you are willing open your mind and heart to the possibility. I sincerely hope this will be the first of many books from this new Author.

If you are interested in understanding more about your intuition and you can buy just one book on your next trip to the bookstore, make it this one. There's far more useful information in this book than you'd expect and the author's down-to-earth style makes it an easy read. I have dozens of books on this subject, but this one is possibly the best...at the very least it's among my top three. Many of my other titles are like appetizers - they just don't satisfy your hunger....this book is a seven-course meal. After I bought it, it sat on my coffee table for a week before I started reading it....and then I couldn't put it down. It answered many of my questions and many questions I hadn't thought to ask. I feel more confident, like I know my 'self' better than I did before, I believe in myself just a little bit more. I love this book! I'm buying several copies for friends and relatives for Christmas.

I traveled eight hours round trip a day for weekly classes with Sherrie Dillard a couple of years ago and found her natural, unpretentious, a regular person, and one of the most gifted intuitives and teachers I have ever met. Recently I checked her website and found that she had published this book. I ordered it and devoured it. It is just like her--no ego and no attempt to set herself apart from

the rest of us or capitalize on her gift in the way some psychics do. She explains in very intelligent and clear ways how we all have intuition and how we are different in our initial ways of accessing it. Then she shows how to use our gifts as our spiritual path to union with God. Anyone of any religious background can appreciate and use it. She puts psychic ability in its proper perspective. Someone who has seen spirits from childhood is no more intuitive than someone who has great empathy for the feelings of others or is highly attuned to the earth or to animals, and certainly no more intuitive than Einstein who she categorizes as a mental intuitive. Also I see on her website that she is offering not only readings but coaching on intuitive/spiritual development by phone. I am sending copies of this book to several people I care about. I wish everyone could read it.

I have been waiting for this book. If you have ever wondered that you "might" be psychic.....This is the one to help you sort it out. I have read several other ones trying to glean some insight into myself, what I have felt, and the general "strange stuff going on in my life" All they did was "tell me what I am not" This book lays it pretty much all out there for YOU to choose from. There are like four or five sections that describe different types of Psychic-ness?...if it has happened to you or if you have felt some of these things going on in your life,...it will ring true when you read it. There is even a ...like scoring system to help you deduce from "your own" experiences what "type" you are, and GREAT! meditations to help you work with it. I had bought a c.d. from this same author its a guided meditation about a hour long. WELL..... it could be 3 hrs long that would be better! The lady has a ultra soothing /loving voice. I am hoping she will come out with the meditations in the book on audio . The meditations kind of read the same...but if you actually DO them 1 by 1 they all have a very different effect.

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